

THE POWER OF CONFESSION

What Is Your Confession?

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TO CONFESS

- DEF. - Greek = homo-logeo = the same thought
 - Admit
 - Reveal
 - Acknowledge
 - Declare
 - Profess
- WHAT
 - A belief you have
 - A sin you committed
 - A fault you have

WHAT ARE YOU TODAY?

A SPIRITUAL LAW – SOWING AND REAPING

- The Bible has much to say about our confession
 - It is connected with what we believe, our faith
 - When you say, I am such a mess, you believe it and you declare your defeat
- We become and give power to what we look at and focus on
 - What you are today is the result of what you confessed yesterday
 - Your confession is like building blocks creating your future
- **WE BECOME what we confess**
 - Confessing weakness or strengths
 - Victory or defeat
 - Health or sickness
 - Abundance or lack
- **WE CAN CHOOSE what we believe and what we confess**
 - We can use our confession to change our life
- **Jas 1:16** Do not be deceived, my beloved brethren. **17 EVERY GOOD GIFT AND EVERY PERFECT GIFT IS FROM ABOVE, and comes down from the Father of lights, with whom there is no variation or shadow of turning. 18 Of His own will He brought us forth by THE WORD OF TRUTH [vs. what we see], that we might be a kind of firstfruits of His creatures. 19** So then, my beloved brethren, **let every man be SWIFT TO HEAR [what the Word says], SLOW TO SPEAK [watch your mouth], slow to wrath [Grk**

orgay = desire, to react]

- Confess the Word, not what the devil wants you to say
 - Your confession must agree with God, not with the devil
 - **Pro 6:2** You are snared by the words of your mouth; You are taken by the words of your mouth.

CONFESSION IS A POWERFUL WEAPON YOU CAN START USING

- We read the Bible too fast and miss the blessings – quality is important, not quantity
- As you read and study the Bible, take the promises and all that God has provided for you and make a confession to reinforce that and plant them in you

Today I renounce to all negative confessions and embrace every good thing that God has prepared for me. Jesus came to give me life abundantly and I receive His eternal life.

- **Measure from 1 to 10 the state of your heart before and after your confession**
- **If you lose levels when you stop, keep confessing the Word until you can keep it longer**
- **YOU MUST ALWAYS MAKE A FAITH CONFESSION AND MEDITATION (POSITIVE)**
- **1Jn 1:5** This is the message which we have heard from Him and declare to you, that **God is light and in Him is no darkness at all.** **6** If we say that we have fellowship with Him, and **WALK IN DARKNESS** [*different from sinning because we failed*], we lie and do not **PRACTICE** the truth. **7** But if we walk in the light [*honest about what is going on and what we want, with no excuses and self-justification*] as He is in the light, **WE HAVE FELLOWSHIP WITH ONE ANOTHER, and THE BLOOD OF JESUS CHRIST HIS SON CLEANSSES US FROM ALL SIN.** **8** If we say that we have no sin, **WE DECEIVE OURSELVES,** and the truth is not in us. **9** If we **CONFESS OUR SINS,** He is faithful and just to forgive us *our* sins and to **CLEANSSE US FROM ALL UNRIGHTEOUSNESS.**
 - Even confession of sins must be based on a position of faith, looking at Jesus, not as an excuse to sin, but as the source of power to overcome sin
 - When you fall, do not get mad at yourself, get mad at the

devil, develop a hate for sin. God hates sin.

- **Eph 2:8** For **BY GRACE** [*gift, empowerment*] you have been saved through faith [*believing that you can overcome*], and that not of yourselves; *it is* the gift of God, **9 NOT OF WORKS**, lest anyone should boast. **10** For we are His workmanship, created in Christ Jesus **FOR GOOD WORKS**, which God prepared beforehand that we should walk in them
 - **It is not the sinner's prayer that saves you but putting your faith in what Jesus has done.**
- **Confessing with penance is denying the effectiveness of Jesus' blood**
- **Isa 53:5** But He *was* wounded for our transgressions; *He was* bruised for our iniquities; the chastisement of our peace *was* on Him; and with His stripes we ourselves are healed.
- **2Co 5:21** For He has made Him who knew no sin, *to be* sin for us, that we might become *the* righteousness of God in Him.
 - **We need to be grateful, not trying to deserve it by penance (dead works)**
- **2Co 5:17** So that if any one *is* IN CHRIST, *that one is* a new creature; old things have passed away; behold, all things have become new. **18** And **ALL THINGS ARE OF GOD**, who has reconciled us to Himself through Jesus Christ, and has given to us the ministry of reconciliation; **19** whereas God was in Christ reconciling *the* world to Himself, not imputing their trespasses to them, and **putting the word of reconciliation in us.**
- **JESUS CHANGES YOU FROM A SON OF THE DEVIL TO A SON OF GOD**
- **Rom 10:8** But what does it say? "**THE WORD IS NEAR YOU, IN YOUR MOUTH AND IN YOUR HEART**" (that is, the word of faith which we preach): **9** that if you **CONFESS WITH YOUR MOUTH THE LORD JESUS** and **BELIEVE IN YOUR HEART THAT GOD HAS RAISED HIM FROM THE DEAD**, you **WILL BE SAVED**. **10** For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. **11** For the Scripture says, "**WHOEVER BELIEVES ON HIM WILL NOT BE PUT TO SHAME.**"
- **THIS IS A GENERAL SPIRITUAL LAW**
- **Many believers, even if sincere, are weak because they said the sinner's prayer but never dared to confess what God said about them, they look at themselves instead of looking at what the Word says about them**

Lord I failed. I got deceived by the enemy. I don't want that to happen anymore. I reject my attitude and action. I want to be in fellowship with you. The pleasure of sin is deception. Sin is of the devil. It kills and destroys. I want to have life abundantly. I want to be free. I repent, meaning, I reject what I did. I hate sin. I don't want it in my life. I can receive your forgiveness, because Jesus died for me. I am grateful. I receive your forgiveness. I am forgiven. I am accepted in the beloved. I am cleansed from all unrighteousness. I receive your righteousness. I want your love, your freedom, your peace and your joy. Who the Son made free is free indeed. I am free. I am a child of God. I am part of God's family. God is my Father. I can call Him daddy. I know You love me and provide for me. Blessed be your Holy name. Amen

AS YOU CONFESS IN FAITH WHAT YOU ARE AND HAVE IN JESUS, YOU HAVE THE ASSURANCE OF YOUR SALVATION

- Confession works in the negative by confessing your doubts
- TO APPROPRIATE' you must do it consciously, each time you read the Bible and you WILL STIR YOURSELF UP. You charge yourself up.
- **Heb 4:14** Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, **LET US HOLD FAST OUR CONFESSION.** *[that means we can lose it]* ¹⁵ For we do not have a High Priest who cannot sympathize with our weaknesses, but **WAS IN ALL POINTS TEMPTED AS WE ARE, YET WITHOUT SIN.** *[Mt.4 - How did He do it? By His confession when tempted]*¹⁶ Let us therefore come **BOLDLY** to the throne of grace *[by confessing, not begging]*, that we may obtain mercy and find grace to help in time of need. *[by faith, when tempted]*
- **CONFESSING THE LORD JESUS FOR SALVATION**

From this day forward, I will boldly confess the Lord Jesus and all that he has achieved for me. I have repented of my sins. They have been washed away by the blood of Jesus. I will hold fast to my confession. I

will see all the promises manifested in my life, because the Word is true and is powerful, and because Jesus destroyed all the works of the devil. I confess I am forgiven, I am accepted by God, I have assurance of salvation, freedom, divine health, abundant life, power, love and a sound mind. I have self-control and discipline. I have confidence in the Lord. I am strong. I am not weak. I have victory over the devil and all temptations. Because Jesus defeated the devil and He dwells in me. I have wisdom and knowledge, because Christ is in me. His Spirit guides me. In Christ I am more than a conqueror. Amen.

- **CARNAL CHRISTIANS** have a big problem confessing the Word because they think that they are lying or because they act on their feelings. They **BELIEVE THE PHYSICAL AND FEELINGS TO BE TRUER THAN SPIRITUAL TRUTH.**

LEARN TO BELIEVE AND ACT LIKE GOD AND LIKE ABRAHAM

- **Rom 4:17** (as it is written, "I HAVE MADE YOU A FATHER OF MANY NATIONS") in the presence of Him whom he believed—**God, who gives life to the dead and calls those things which do not exist as though they did; 18** who, contrary to hope, in hope believed, so that he became the father of many nations, according to what was spoken, "SO SHALL YOUR DESCENDANTS BE." **19 And not being weak in faith, he did not consider his own body, already dead** (since he was about a hundred years old), and the deadness of Sarah's womb. **20 He DID NOT WAVER at the promise of God through unbelief, but was strengthened in faith, GIVING GLORY TO GOD, [choosing to believe] 21 and BEING FULLY CONVINCED THAT WHAT HE HAD PROMISED, HE WAS ALSO ABLE TO PERFORM. [for you?]**
- We should call that things that are not but have been promised us **AS THOUGH THEY ARE**

IMPACT OF YOUR CONFESSION

DIFFERENT TYPES OF CONFESSIONS

Different types have different impact and power

- What you say to yourself
- What you say aloud by yourself
- What you say to others
- Conscious confession

- Unconscious, spontaneous confession (to see what you really believe)
- Confession of what you believe and confessions of what you want to believe

APPROPRIATION - WHERE SPIRITUAL AND PHYSICAL MERGE

- This works for progress from the word of God and for backsliding from the devil
 - **Eph 4:14** that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting.

THE PROCESS OF APPROPRIATION

- Hear and register the promise in your mind
- Take your position by Choosing to believe, not by what you see
- Ponder or Meditate on that, not on what you see
- Confess, in obedience, what you believe even before you see it
- Act on your confession to manifest the result
- Hold fast to the promise. Don't waiver

PROMISES - SPIRITUAL AND PHYSICAL REALITY

Praying for your salvation

- **YOU BELIEVE AND CONFESS THE PROMISES YOU WANT**
 - Righteousness, loving God, loving others (you need to understand what that means) –
 - Hold fast to your confession
- **YOU ACT OUT YOUR CONFESSION OF YOUR BELIEVES**
 - Gratitude
 - Not sinning or being disobedient to God's instructions (You have a choice) –
 - When you are not acting it out, it is because, at that moment, you don't believe it

Praying for physical healing

- **YOU START CONFESSING THE PROMISES YOU BELIEVE**
 - What it means to your physical body –
 - Hold fast your confession
- **YOU START ACTING YOUR CONFESSION**
 - Attitude, gratitude and emotions – are ruled by your thinking
 - Expect to see results and ignore anything contrary
 - Start doing things you could not do before

OTHER ACTIONS

- Celebrate every little progress
- **Php 4:6** Be **ANXIOUS** [*troubled*] for nothing, but in everything by **PRAYER** [*address God*] and **SUPPLICATION** [*make a request, if you are*]

not troubled you are not begging], with **THANKSGIVING** [*expecting a positive answer*], let your requests be made known to God; **7** and the **PEACE OF GOD**, which surpasses all understanding, will guard **YOUR HEARTS** [*feelings*] and **MINDS** [*thoughts*] through Christ Jesus. **8** Finally, brethren, **whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—MEDITATE on these things.** **9** The things which you learned and received and heard and saw in me, **THESE DO**, and **the God of peace will be with you.**

- **CONTROL YOU FOCUS AND YOUR THOUGHTS**
- **YOU WILL HAVE PEACE IN YOUR HEART AND MIND**
- **IF YOU DON'T DO IT, YOU WILL BE ANXIOUS AND CONFUSED**

I believe the Word of God is true. I chose to believe the promises of God. I will confess all the promises of God and I will receive them. In this way, I will manifest God's power in my life. I will not manifest what the devil says and his power. God's power works in me by faith, and by my faith I am delivered, healed, guided, filled and empowered. In this way, I will give glory to God and please Him. Amen!