

Mount Zion - Children's Church News

We are learning, loving and serving God together!

February is the month of **love** in the secular world. As followers of Jesus, He commands us to show His love all the time. That's how others will come to know Him. This month, we are helping the children to be disciples and spread the good news of Jesus!

If you have questions or concerns please feel free to speak with me or email me (address below).

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Feb.'s Theme: The disciples

Underlying Concepts:

- Why did Jesus need helpers?
- Who were the 12 disciples?
- What did they do when they were with Jesus?
- How can we be disciples today?

Feb. Scripture Memory Verse:

Matthew 4:19

"Jesus said come follow me, and I will make you fishers of men."

January scripture:

Psalm 141:3 "Set a guard over my mouth, O LORD; keep watch over the door of my lips."

What Parents Can Do:



See helpful hints: see next page!

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Helpful hints

Use Your Words Wisely-Part 2

This month we are discussing with the children what it means to be a disciple of Jesus. Through our **words and actions**, we lead others to Jesus. For three and a half years, Jesus taught His disciples and He told them to remember His words when He was gone. He knew how powerful His words would be as they went out to spread the Good News.

In the last newsletter, I shared how parents can help their children recognize the importance of their words. Here, I would like parents to reflect on the impact of their own words towards their children. Do your words speak blessings and love? **Your children will remember the words you spoke to them.**

Consider:

- **Your words matter.** Your children hear you **all** the time. What do you say when you are happy, sad, frustrated or angry? Your words will influence how your children will deal with the challenges of their life. (**Proverbs 22: 6** "Train up a child in the way he should go; even when he is old he will not depart from it.") With God's help, you can model in your home the appropriate way to express yourself.
- **Reinforce the positive.** Children often need reassurances from their parents. It is important to **tell** them often how much you love them and how proud you are of them. Some parents think, "They know I love them", but children need **to hear these words**. I never doubted the love that my parents had for me because they always expressed it. My father hugged and cuddled me with an "I love you." My mother, usually as we were talking about something, she would remind me of her love. This taught me a valuable lesson and, now as an adult, I follow their example and always tell the ones around me how much I love them. To know that you love them is the greatest gift you can give to your children. When they have loving parents, children can easily relate to a loving God.
- **Say, "I'm sorry."** Parents are human and make mistakes. Admitting that you were wrong shows that you value confessing any wrongdoing. Talking about your mistakes also helps your children to come and talk with you when they make mistakes.
- **Say, "I am always here for you."** Be aware of opportunities to remind your children that you are there for them no matter what circumstance they may find themselves in. When you communicate that they should never be afraid to speak to you about anything, you give them permission to rely on you, just as you trust and rely on God our Father to take care of all your needs.

Let your words bring life to your children and you will fill their hearts with love.



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