

Mount Zion - Children's Church News

We are learning, loving and serving God together!

We rejoice in the Lord and in our church family! Last month we had so much fun taking the children tobogganing! This month we hope to organize a trip to the Sugar Bush so stay tuned!

If you have any questions or concerns please feel free to speak with me or email me (address below).

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Grace Castro-Nolet	Liliane Mingardi
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March's Theme: The Armor of God (continued).

God is **powerful** and he has given us **everything we need** to fight against any schemes of the devil.

- **Helmet of salvation:** put on your helmet and protect your mind. Know the word!
- **The sword of the Spirit, which is God's word:** The Bible tells us that his words are **quick** and **powerful** and **sharper than any two-edged sword**. (Heb. 4:12)

Underlying Concepts:

- The most important key to having and using this armor is to **know God's Word**. Then you can extinguish any difficulty that comes your way.
- We have to fight battles every day. We can use **God's promises** to help us fight our battles.

March's Scripture Memory Verse:

Romans 8:37

"We are more than conquerors through him who loved us."

Upcoming Dates/Events:

March 1: Winter Fun with Cathy

- ❖ Trip to the **Sugar Bush** later this month. More information to come!

What Parents Can Do:

In this fast-paced world of twitter, instagram and text messaging, it's easy for children to be quick to say or reply with something they may regret. A good scripture reminder:

Philippians 4:8 *"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."*



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Helpful Hints:

The Armor of God

At Children's Church we have been learning about our **Armor of God** (Ephesians 6:10-17) in order to combat any difficulties we may encounter in our daily lives. The key to putting on this armor is **connecting with God everyday and knowing His Word**. When we know the Word, no arrows thrown at us can defeat us. We have been using the example of David and Goliath to illustrate this truth.

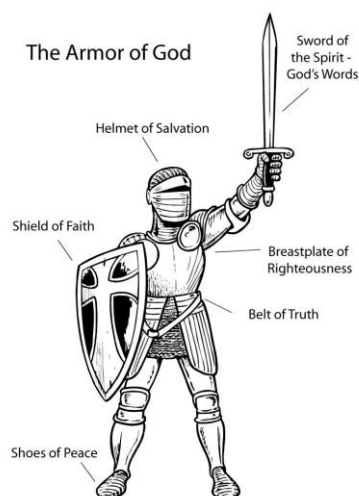
Some parents have used this scripture as a guide to pray with their children every day. This may be a good way of reminding them of who they are in Christ. However **living this truth** is much more powerful. Children **witnessing their parents using the Word** in their daily lives and **seeing the positive results** can see that God is real.

I remember many instances where my mother demonstrated her **shield of faith** in God and how she used the **sword of the Spirit-God's Word**. As a child, I simply believed it would happen because I trusted my mother and her belief. I am so thankful that my mom's example helped me develop my own relationship with God.

I've said this many times but it is worth repeating, if we want our children at Mount Zion to grow strong in the Lord!

- Give your children many opportunities to pray. Pray as a family. Let them see you pray. Pray as husband and wife. Let your children see you are united. Pray with your children before they go to bed.
- Help your children be aware of answered prayer, however big or small.
- Be thankful every day, speak out your blessings together and sing praises to God.
- Read the Word. Find scriptures that the whole family can meditate on during the week.

Doing these things strengthens not only your family bond but helps your child build that firm foundation in Jesus, the author and finisher of our faith. Then, they will put on that armor of God every day.



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