

Mount Zion - Children's Church News

We are learning, loving and serving God together!

Easter is a time of celebration! Jesus rose from the dead and He is alive! Because He lives we can have an abundant life.

For the last several months we have been teaching the children about Jesus being our healer and provider. It is our prayer that they can apply His promises to their own lives. Jesus meets all our needs!

If you have any questions or concerns please feel free to speak with me or email me (address below).

Rita Cardarelli (Children's Church Director)

Children's Church Workers:

Grace Castro-Nolet	Liliane Mingardi
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April's Theme

Jesus gave His life for us and He rose from the dead.

Underlying Concept:

- His resurrection: He has risen and is alive!
- Jesus rose from the dead, as He will raise us to live with Him.
- God's gift to us: Jesus!

April's Scripture Memory Verses

John 14:6 Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."

Matthew 28:5-6 The angel said; "Don't be afraid. I know you are looking for Jesus. He is not here. He has risen from death as He said He would."

Upcoming Dates/Events

April 13 – Celebrating Micaela's Birthday

April 18 – Good Friday Communion Service – 7 pm

April 20 – Easter Sunday Celebration –

What Parents Can Do:

Real-Life Worry

Children like adults, sometimes worry about things in their lives. When this happens with your child here are some suggestions to ease the anxiety:

- Listen completely as your child shares his/her concern before giving advice. Don't brush it off with "it will be okay".
- Try to figure out his/her specific concern. You may ask, "What do you think is going to happen?" Then perhaps suggest several things that the two of you can do to ease his/her fear.
- Sometimes helping your child recall other times he/she has been successful in that area reminds them that they are in fact capable of tackling a problem.
- Lastly, pray with your child and ask God's help and wisdom to resolve the situation.

See helpful hints: see next page!

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Helpful Hints:

The Power of Prayer - Part 3 Pray Blessings over your Children

In the last two newsletters I shared the importance of praying with your children and teaching them how to pray. This month I would like to focus on parents speaking blessings over their children. The word tells us in **Proverbs 18:21** *"The tongue has the power of life and death."* Parenting is not an easy task; seeking God's wisdom daily gives you the strength you need to help your children. When speaking God's word, you are speaking life over them.

Nightly Blessings: After you have said your prayers together a wonderful way to end is with a parent praying a blessing over their child. In his book, *"Holding your Family Together. Five simple steps to help bring your family closer to God and each other."* Dr. Rich Melhiem states; "When a blessing from God is spoken in faith and received in faith, it has the power to transform lives and give a future of hope and joy." He goes on to say that blessing your child gives them the gift of your love and attention. What better way for any child to drift off to sleep knowing how much their parents love him/her.

My sister and I shared a bedroom when we were younger and I remember my mother's nightly prayers over us. She would speak God's words of protection and peace. Her prayers would help to settle me and I could let go of any worries or fears. I waited every night to hear her words that brought me comfort. I believe her persistent prayers for her four children are the reason we are all saved today! We knew she prayed for us all the time!

You may ask, "What do I say?" Speak from your heart and find scriptures that are meaningful to you and that you know will be helpful to your child. In speaking protection over your child you may state parts of **Psalm 91**. Or speaking rest and peace: **John 14:27** and **Mathew 11:28**. Not having fear or anxiety: **2 Timothy 1:7** and **1 Peter 5:7**. Repeating these scripture nightly allows the words to settle in your child's heart.

Psalm 127:3 States that *"Children are a gift from the Lord; they are a reward from him."* The life-long gift that you give your children is teaching them that prayer is the way to have that close, intimate relationship with God. Talk to Him, He is always there ready to listen and provide all that you need.

I hope these posts on prayer have been helpful and encouraged you in your walk as a parent. If you have any suggestions on other topics you would like me to write on, please e-mail or speak to me, I'd love to hear from you!

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