

dead dwells in you, He who raised Christ from the dead **will also give life to your mortal bodies** through His Spirit who dwells in you.

15. Do not Forget All God's Benefits

Psalm 103:2-5 - Bless the LORD, O my soul, And forget not all His benefits: Who forgives all your iniquities, **Who heals all your diseases**, Who redeems your life from destruction, Who crowns you with loving kindness and tender mercies, Who satisfies your mouth with good *things*, *So that* your youth is renewed like the eagle's.

16. Believe. Do not Doubt – Speak to the Symptoms – Do not Ask God for What He Has Already Done

Mark 11:23-24 - For assuredly, I say to you, **whoever says to this mountain**, 'Be removed and be cast into the sea,' and **does not doubt** in his heart, **but believes** that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive *them*, and you will have *them*.

Conclusion

Do not look at your symptoms. They change from one moment to the next. Look at the Word of God and God's promises. He is faithful and rewards those who put their faith in Him.

Let us know if you need prayer.

mzcemail@gmail.com

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Mount Zion — Church of the Firstborn
715 St. Laurent Blvd, Ottawa, K1J 3A6
mzchurch.net
v.4

The 16 Key Scriptures to Heal You and Keep You Well

Maurizio Mingardi

“The prayer of the righteous man is powerful and effective.”

(James 5:16)

Instructions

The Word of God is powerful. With it, God created the whole universe. Even just one verse can change your life. The Word of God connects with the power of God.

- Memorize these Scriptures
- Meditate on them daily, especially waking up and before falling asleep
- Use them to fight unbelief
- Notice the difference between “before and after” you use them
- Celebrate and record any progress you make
- Share your successes with supportive people
- Avoid negative people to protect your faith

Scriptures

1. How God Heals

Psalms 107:20 - He sent His Word and healed them, and delivered *them* from their destructions.

2. Give Attention to God's Word – This Is Your Part

Proverbs 4:20-23 - My son, **give attention to my words**; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; for they *are* life to those who find

them, and health to all their flesh. Keep your heart with all diligence, for out of it *spring* the issues of life.

3. *You Can Trust God and His Promises*

2Corinthians 1:20 - For all **the promises of God** in Him *are* Yes, and in Him Amen, to the glory of God through us.

4. *Your Healing Comes From God*

Exodus 15:26 - and said, "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For **I am the LORD who heals you.**"

5. *Jesus Took Both Your Sins and Your Sickness on Himself*

Isaiah 53:4-5 - Surely **He has borne our sicknesses and carried our pains**; yet we esteemed Him stricken, Smitten by God, and afflicted. But He *was* wounded for our transgressions, *He was* bruised for our iniquities; The chastisement for our peace *was* upon Him, And by His stripes we are healed.

6. *The New Testament Reference of Isaiah 53:4-5 - Jesus Healed Them All*

Mat 8:16-17 – When evening had come, they brought to Him many who were demon-possessed and He cast out the spirits with a word, and **healed all who were sick**, that it might be fulfilled which was spoken by Isaiah the prophet, saying: "**HE HIMSELF TOOK OUR INFIRMITIES AND BORE OUR SICKNESSES.**"

7. *Jesus Completed Your Healing on the Cross – Thank God for It*

1Peter 2:24 - who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—**by whose stripes you were healed.**

8. *Know Who the Source of Sickness and of Life Is*

John 10:10 - The thief does not come except to steal, and to kill, and

to destroy. I have come **that they may have life**, and that they may have *it* more abundantly.

9. *God's Will for You Is to Be Healed and Prosper*

3John 2 - Beloved, I pray that you may prosper in all things and be in **health**, just as your soul prospers.

10. *Jesus' Purpose for Coming in the World*

1John 3:8 - He who sins is of the devil, for the devil has sinned from the beginning. For this purpose the Son of God was manifested, **that He might destroy the works of the devil.**

11. *Sickness Is Oppression from the Devil - Jesus Healed by the Power of the Holy Spirit*

Acts 10:38 - how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and **healing all who were oppressed by the devil**, for God was with Him.

12. *Jesus Said That We Can Perform Even Greater Miracles Than He Did*

John 14:12:14 Most certainly I tell you, he who believes in me, the works that I do, he will do also; and he will do greater works than these, because I am going to my Father. Whatever you will ask in my name, I will do it, that the Father may be glorified in the Son. **If you will ask anything in my name, I will do it.**

13. *Jesus Said That Theses Signs Will Follow Believers*

Mar 16:17-18 These signs will accompany those who believe: in my name they will cast out demons; they will speak with new languages; they will take up serpents; and if they drink any deadly thing, it will in no way hurt them; they will lay hands on the sick, and they will recover."

14. *The Same Holy Spirit Who Resurrected Jesus Is in You and Will Heal You*

Romans 8:11 - But if the Spirit of Him who raised Jesus from the